

# Elinor Harrison

---

Washington University in St. Louis  
Campus Box 1108, 1 Brookings Drive  
Saint Louis, MO 63130  
[elinorharrison.com](http://elinorharrison.com)  
harrisonel@wustl.edu

## Current Position

2023-Present Lecturer, Program in Dance, Washington University in St. Louis

## Education

PhD Washington University, St. Louis, MO, Movement Science, 2018  
BA Washington University, St. Louis, MO, French Lit., Dance, *magna cum laude*, 2001

## Professional Experience and Academic Positions

2020-2023 Postdoctoral Research Fellow, Program in Physical Therapy/Dance Program, Washington University, Saint Louis, MO  
2019-2020 Postdoctoral Research Fellow, Department of Neurology, Washington University School of Medicine, Saint Louis, MO  
2012-2014 Research Assistant, Columbia University Motor Performance Laboratory, New York, NY  
2001-2014 Professional dancer, New York, NY

## Academic Honors and Awards

2023 Linda and William Hamilton Annual Dance Wellness Symposium Award Recipient, International Association for Dance Medicine and Science.  
2021 Dance Educator Award Nominee, International Association for Dance Medicine and Science  
2019 Golden Synapse Award, most outstanding paper published in 2019 in the Journal of Neurologic Physical Therapy  
2019 O'Leary Neuroscience Prize Finalist, Washington University, St. Louis, MO  
2017 Three Minute Thesis (3MT), 1<sup>st</sup> Place winner, Washington University, St. Louis, MO  
2016 Travel Grant Award, 4<sup>th</sup> World Parkinson Congress, Portland, OR  
2016 Graduate Professional Council Interdisciplinary Travel Award, Washington University, St. Louis, MO  
2015 Tom Thach Award, Short Talks 1<sup>st</sup> Place Winner, Neuroscience Retreat, Washington University, St. Louis, MO

## Research Support

2021-2023 National Endowment for the Arts (NEA), \$85,000. Role: Co-Principal Investigator. “*Graceful Gait: Community-Based Ballet to Improve Walking and Balance among Older Women*”.

2020-2025 National Institutes for Health (NIH) R61/R33 Sound Health Initiative Grant, \$542,164. Role: Postdoctoral fellow. *“Sing for Your Saunter: Using Self-Generated Rhythmic Cues to Enhance Gait in Parkinson’s Disease.”* clinicaltrials id: NCT04246476)

2018-2020 GRAMMY Foundation Grant, \$11,514. Role: Co-Principal Investigator. *“The Use of Singing to Aid Gait in Parkinson’s Disease”*.

### Dance Support

2023-2024 Regional Arts Commission Grant, \$7,500. Role: Artistic Director, Elinor Harrison Dance, St. Louis, MO.

2023 Missouri Arts Council Featured Artist, \$1,000.

### PUBLICATIONS

#### Peer-reviewed manuscripts

**Harrison EC**, Haussler AM, Tueth LE, Baudendistel ST, Earhart GM. Graceful gait: virtual ballet classes improve mobility and reduce falls 1 more than wellness classes for older women. *Frontiers in Aging Neuroscience*, 2023. [submitted]

Tueth LE, Haussler AM, Lohse KR, Rawson KS, Earhart GM, **Harrison EC**. Effect of Musical Cues on Gait in Individuals with Parkinson Disease with Comorbid Dementia. *Gait and Posture*, 2023. [submitted]

**Harrison EC**, Earhart GM. The effects of external rhythmic auditory cueing on gait variability measures in people with Parkinson disease and healthy older adults: A systematic review. *Neurodegenerative Disease Management*, 2023, doi: 10.2217/nmt-2021-0050.

**Harrison EC**, Earhart GM, Leventhal D, Quinn L, Mazzoni P. A walking dance to improve gait speed for people with Parkinson disease: a pilot study. *Neurodegenerative Disease Management*, 2020, doi: 10.2217/nmt-2020-0028.

Horin, AP, **Harrison EC**, Rawson, KS, Earhart GM. People with Parkinson disease with and without freezing of gait respond similarly to external and self-generated cues. *Gait and Posture*, 2020, doi: 10.1016/j.gaitpost.2020.09.005.

**Harrison, EC**, Horin, AP, Myers, PS, Rawson, KS, and Earhart, GM. Changes in Parkinsonian Gait Kinematics with Self-Generated and Externally-Generated Cues: A Comparison of Responders and Non-Responders. *Somatosensory & Motor Research*, 2020, doi: 10.1080/08990220.2020.1713740.

Horin, AP, **Harrison EC**, Rawson, KS, Earhart GM. Finger tapping as a proxy for gait: Similar effects on movement variability during external and self-generated cueing in people with Parkinson's disease and healthy older adults. *Annals of Physical and Rehabilitation Medicine*, 2020, doi: 10.1016/j.rehab.2020.05.009.

Myers, PS, **Harrison EC**, Horin, AP, McNeely ME, Rawson, KS, Sutter, EN, Earhart GM. Yoga improves balance and low back pain, but not anxiety, in people with Parkinson Disease. *International*

*Journal of Yoga Therapy*, 2019, doi: 10.17761/2020-D-18-00028.

Myers, PS, **Harrison EC**, Horin, AP, McNeely ME, Rawson, KS, Sutter, EN, Earhart GM. Backward, forward, and dual-task gait kinematics in people with Parkinson disease with and without freezing of gait. *Gait and Posture*, 2019, doi: 10.1016/j.gaitpost.2020.09.005.

Horin, AP, **Harrison EC**, McNeely ME, Myers, PS, Rawson, KS, Sutter, EN, Earhart GM. Usability of a daily mHealth application designed to address mobility, speech, and dexterity in Parkinson disease. *Neurodegenerative Disease Management*, 2019, doi: 10.2217/nmt-2018-0036.

**Harrison EC**, Horin AP, Earhart GM. Mental singing reduces gait variability more than listening to music for healthy adults and people with Parkinson disease. *Journal of Neurologic Physical Therapy*, August, 2019, doi: 10.1097/NPT.0000000000000288.

**Harrison EC**, Horin AP, Earhart GM. Internal cueing improves gait more than external cueing for healthy adults and people with PD. *Nature Scientific Reports*, 2018, doi: 10.1038/s41598-018-33942-6.

Sutter EN, Bland MD, Cherry-Allen KM, Chen L, Gidday, JM, **Harrison EC**, Hershey T, Lee JM, Mattlage AE, Surkar, SM, Lang CE. Remote limb ischemic conditioning and motor learning: Evaluation of factors influencing response in older adults. *Translational Stroke Research*, 2018, doi: 10.1007/s12975-018-0653-8.

**Harrison EC**, McNeely ME, Earhart GM. The feasibility of singing to improve gait in Parkinson disease. *Gait and Posture*, 2017, doi: 10.1016/j.gaitpost.2017.02.008.

## Abstracts

**Harrison EC**, Haussler, AM, Tueth LE, Baudendistel ST, Earhart GM. (2023) Room to Zoom: virtual ballet and wellness classes to improve gait, balance, and quality of life. International Association of Dance Medicine and Science, Columbus, OH.

**Harrison EC**, Tueth LE, Earhart GM. (2022) Graceful Gait: The effects of ballet class on gait, balance, and quality of life in older women. International Association of Dance Medicine and Science, Limerick, IRELAND.

**Harrison EC**, Tueth LE, Earhart GM. (2022) Self-generated, personalized musical cues can improve gait for people with Parkinson disease. Society for Music Perception and Cognition, Portland, OR.

Tueth LE, **Harrison EC**, Earhart GM. (2022) Musical Cues to Improve Gait in People with Parkinson Disease and Dementia. American Physical Therapy Association, Combined Sections Meeting, San Antonio, TX. [poster presentation]

May D, Rawson K, Moeller D, Tueth L, Duncan R, **Harrison EC**, Horin A, Myers P, Earhart G. (2020). Examining the Effects of a Dental Mouthpiece on Motor Signs in Parkinson's Disease. Movement Disorders Society Conference, virtual platform.

Horin AP, **Harrison EC**, Rawson KS, Earhart GM. (2019). The effects of music and mental singing on gait and finger tapping variability in healthy adults and people with Parkinson disease. Biennial Meeting of the Society for Music Perception and Cognition. New York, NY. [poster presentation]

Horin AP, **Harrison EC**, Rawson KS, Earhart GM. (2019). Differences in response to auditory cues across movement types in people with Parkinson disease with and without freezing of gait. Society for Neuroscience Annual Meeting, Chicago, IL. [poster presentation]

Horin, AP, **Harrison EC**, Rawson KS, Earhart GM. (2019). Auditory cueing of gait in Parkinson disease: Responses to different cues in people with and without freezing of gait. 144th Annual Meeting of the American Neurological Association, St. Louis, MO. [poster presentation]

**Harrison EC**, McNeely ME, Horin AP, Earhart GM. (2017). Self-generated rhythmic cueing to improve gait patterns in healthy adults. Society for Music Perception and Cognition Meeting. San Diego, CA. [poster presentation]

Sutter EN, **Harrison EC**, Cherry-Allen KM, Mattlage AE, Gidday JM, Lee JM, Hershey T, Chen L, Lang CE. (2017). Evaluation of factors that might modify the benefit of remote limb ischemic conditioning on motor learning in older adults. American Society of Neurorehabilitation. Baltimore, MD. [poster presentation]

**Harrison EC**, McNeely ME, Horin AP, Earhart GM. (2017). The effects of internal versus external rhythmic cueing on gait performance in healthy adults. Society for Neuroscience Annual Meeting. Washington, DC. [poster presentation]

**Harrison EC**, McNeely ME, Earhart GM. (2016). Singing as a cue to improve gait in Parkinson Disease: A feasibility study. 4<sup>th</sup> World Parkinson Congress. Portland, OR. [poster presentation]

**Harrison EC**, McNeely ME, Earhart GM. (2016). The feasibility of singing to improve gait in Parkinson Disease. Rehabilitation Research at NIH: Moving the Field Forward. Bethesda, MD. [poster presentation]

**Harrison EC**, McNeely ME, Earhart GM. (2015). Testing the feasibility of singing to improve gait measures in Parkinson Disease. University of Florida Neuromuscular Plasticity Symposium. Gainsville, FL.

## **PRESENTATIONS**

---

### **Conference presentations, peer-reviewed**

2022	<i>Graceful Gait: The effects of ballet class on gait, balance, and quality of life in older women.</i> International Association for Dance Medicine and Science Annual Conference. Shannon, IRELAND
2022	<i>Self-generated, personalized musical cues can improve gait for people with Parkinson disease.</i> Society for Music Perception and Cognition. Portland, OR
2019	<i>Sing while you stride: Combining movement with song.</i> International Association for Dance Medicine and Science Annual Conference. Montreal, CANADA

2019 *Differential Effects of Internal and External Cues on Gait Kinematics in Parkinson Disease.* Biennial Meeting of the Society for Music Perception and Cognition. New York, NY

2019 *Self-generated auditory cues enhance gait kinematics for people with Parkinson Disease.* Movement: Brain, Body, Cognition Annual Conference. Tel Aviv, ISRAEL

2019 *When the voice dances: how singing can improve movement.* Missouri Dance Organization Annual Conference. Stephens College, Columbia, MO

2018 *Moving while singing: how internal cues can improve walking for older adults and people with Parkinson disease.* Movement: Brain Body Cognition. Harvard Medical School, Boston, MA

2017 *Moving to song: Using one's own voice to enhance movement in healthy adults.* International Association for Dance Medicine and Science Annual Conference. Houston, TX

### **Invited lectures**

2023 *Room to Zoom: virtual ballet and wellness classes to improve gait, balance, and quality of life.* International Association for Dance Medicine and Science, Linda and William Hamilton Annual Dance Wellness Symposium. Columbus, OH, USA

2023 *How to stand on two feet.* TEDxWUSTL, St. Louis, MO

2022 *Harnessing the Potential of Music Interventions in the Management of Brain Disorders across the Lifespan.* International Congress on Integrative Medicine and Health, invited session panelist. Phoenix, AZ

2019 *Sing while you stride: How your own voice can help you walk better.* Honorary speaker, Annual Carlos Perez-Mesa Lectureship. University of Missouri, Columbia, MO

2018 *Not the same old song and dance: Rhythm and Parkinson disease.* Co-presented with Dr. Gammon Earhart, Master of Liberal Arts Lecture Series, Washington University, St. Louis, MO

2017 *Mental singing to improve walking for people with Parkinson disease.* Movement Science Program Spring Retreat, Washington University, St. Louis, MO

2015 *The Effect of Singing on Gait in Parkinson Disease,* Movement Science Program Spring Retreat, Washington University, St. Louis, MO

2013 *Tango and Parkinson Disease,* Motor Performance Laboratory, Columbia University, New York, NY

### **Scientific communication and media coverage**

2017 “Sing while you stride”, Dance your PhD contest entrant, Science Magazine

2017 “Sing for Your Saunter: Self-Generated Cues to Enhance Gait in Parkinson Disease”, International Society of Posture and Gait Research blog post

2016 Alan Alda Center for Communicating Science Workshop, selected participant

---

### **TEACHING AND ADVISING**

#### **Dance Program, Arts and Sciences, Washington University in St. Louis**

## **Primary Instructor**

L29 Dance 363	The Neuroscience of Movement: You Think, so You Can Dance? (2019, 2020, 2021, 2022, 2023—cross-listed in Biology and Philosophy-Neuroscience-Psychology)
L29 Dance 201	Theory and Technique of Modern Dance III (2019, 2020, 2021, 2022)
L29 Dance 301/302	Theory and Technique of Modern Dance IV (2022, 2023)
L29 Dance 401	Theory and Technique of Modern Dance V (2020)
L29 Dance 331	Movement and Meaning: Dance in a Global Context (2019)
U31 Dance 430	Applied Anatomy for the Performing Artist (2018, 2020)

## **Guest Lectures**

L27 Music 3033	Music, Sound, and the Body (2019, 2021)
U31 Dance 385	Special Studies in Somatics (2017)

## **MFA in Dance, Academic Advising**

Erin Morris, MFA in Dance, Primary Thesis Advisor, 2020-2023  
Jane Tellini, MFA in Dance, Primary Thesis Advisor, 2019-2022  
Luewilla Smith-Barnett, MFA in Dance, Thesis Committee Member, 2020-2021  
Leah Korn, MFA in Dance, Thesis Committee Member, Leah Korn, 2020-2021  
Rachael Servello, MFA in Dance, Thesis Committee Member, 2018-2019

## **Program in Physical Therapy, Washington University in St. Louis**

### **Teaching Assistantship**

M02 PhysTher 605      Neuroscience, Program in Physical Therapy (2016)

### **Guest Lectures**

M04 Selective 542H	Dance and Medicine Selective, Wash U School of Medicine (2019)
L63 IPMS 5610	Biocontrol, Movement Science Program (2018)
M02 PhysTher 605	Neuroscience, Program in Physical Therapy (2016, 2017)

## **Research Mentorship, Movement Science Research Center**

Kate Bircher, Philosophy-Neuroscience-Psychology Major, Summer Undergraduate Research Award, 2022  
Abbie Tate, Biology Major, Summer Undergraduate Research Award, 2022  
Forrest Whiting, Biology Major, MARC-uSTAR Underrepresented Scholars Award, 2020-2022  
Serena Schein, Biology Major, Summer Undergraduate Research Award, 2021  
Olivia Fehrman, Biology major, Center for Aging Summer Research Experience, 2018  
Grace Myers, Anthropology/Dance Major, Summer Undergraduate Research Award, 2020  
Nissy Lee, Biology Major, Summer Research Assistant, 2019  
Zainab Ali, Public Health Major Center for Aging Summer Research Experience, 2019  
Tishiya Carey, International Studies Major, ASPIRE Program for Investigation and Research, 2019

## PROFESSIONAL DANCE CAREER

---

### Modern Dance Highlights

2021	Dancer, “Harbored Weight” by Jacob Henss, St. Louis, MO
2017	Dancer, “Fossil” by Leslie Cuyjet, St. Louis, MO
2008-2014	Dancer, Jane Comfort and Company, New York, NY
2008-2014	Dancer, Thomas/Ortiz Dance, New York, NY
2010	Dancer, Matt Williams and Dancers, New York, NY
2009	Dancer, Pele Bauch Performance, New York, NY
2008	Dancer, “AGORA”, Noémie Lafrance, Brooklyn, NY
2007-2010	Assistant, Janis Brenner and Dancers, New York, NY
2007-2011	Dancer, Mary Seidman and Dancers, New York, NY
2002-2004	Dancer, Carlos Orta and Dancers, New York, NY
2002-2003	Dancer, Nancy Meehan Dance Company, New York, NY

### Theatre Dance Highlights

2022	Sheila, Connie, u/s Bebe, Judy, “A Chorus Line”, Stages St. Louis, dir. Gayle Seay
2008	Ensemble, “Hello, Dolly!”, Fulton Theatre, dir. Marc Robin
2007	Ensemble, “How to Succeed in Business”, White Plains PAC, chor. Lorin Latarro
2007	Brenda, “The Pajama Game”, Mountain Playhouse, chor. Jacob Toth
2007	Ensemble, “Beauty and the Beast”, Mountain Playhouse, chor. Jacob Toth
2006	Alice, “Thoroughly Modern Millie”, Fireside Theatre, chor. Ann Nieman
2006	Ensemble/Tango, “Evita”, Fireside Theatre, chor. Kate Swan
2004	Dancer, “Seven Brides for Seven Brothers”, National Tour
2002	Dancer, “A Chorus Line”, European Touring Company
2000	Dancer, Broadway Theatre Project, Tampa PAC, dir. Ann Reinking
1998	Ensemble, “South Pacific”, Arrowrock Lyceum Theatre
1997	Ensemble, “42nd Street”, Donovan Rhynsburger Theatre

### Dance Filmography

2021	Choreographer/dancer/editor, “Mama-land”, SEEN virtual showcase, St. Louis, MO
2013	Choreographer, “Big Fun”, Pearson International, New York, NY
2011	Extra dancer, “Friends with Benefits”, New York, NY
2009	Extra dancer, “Black Swan”, New York, NY

### Dance Performance Benefits

2010-2013	Dancer, Broadway Bares, Annual benefit concert for Broadway Cares/Equity Fights AIDS, New York, NY
2013	Dancer, Art = Ammo anti-gun violence performance, Times Square, NY
2012	Dancer, “Only Make Believe” Broadway Benefit for hospitalized children, Shubert Theatre, New York, NY

## **Dance Awards**

2023	Missouri Arts Council Featured Artist
2015	Critic's Pick Award, St. Louis Fringe Festival, "(I)sland"
2014	Marcus Artist-in-Residence, Washington University, St. Louis, MO
2010	Career Transitions for Dancers Scholarship Awardee, New York, NY
2001	Ian D. Cramer Prize for Outstanding Achievement in Dance, Washington University, St. Louis, MO
2000	Selected soloist, American College Dance Festival, Urbana-Champaign, IL

## **Choreography**

2022	"Table for two", Washington University Dance Theatre, St. Louis, MO
2022	Theatrical staging for "The Dust", Washington University, St. Louis, MO
2022	"Not all these things are true", Elinor Harrison and Dancers debut concert, Intersect Arts Center, St. Louis, MO
2021	"I'm so fake and other lies", Washington University Dance Theatre, St. Louis, MO
2020	"Mama", SEEN showcase, St. Louis, MO
2020	"Party for the Lonely", Washington University Dance Theatre, St. Louis, MO
2019	"As We Drift", Washington University Dance Theatre, St. Louis, MO
2015	"(I)sland", Critic's Pick Award, St. Louis Fringe Festival, St. Louis, MO
2012	"You do not do", Movement Research, New York, NY
2011	"Omphaloskepsis", Dumbo Dance Festival, Brooklyn, NY
2010	"Spinning Lines", Invisible Dog, Brooklyn, NY
2010	"If you let me", Brooklyn Arts Exchange, Brooklyn, NY
2009	"Frank and Mamah", White Wave Festival, Brooklyn, NY
2009	"Comme si j'etais la seule", Dance New Amsterdam, New York, NY
2007	"After I take off my gray gloves", Abrons Arts Center, Brooklyn, NY
2003	"Wingwalking", DanceSpace Center, New York, NY

## **Dance Teaching/Workshops**

2019	Voice and Movement Workshop, Tel Aviv University, Tel Aviv, ISRAEL
2018	Modern Dance Master Class, Webster University, St. Louis, MO
2015	Movement and Music Workshop, Fringe Festival, St. Louis, MO
2014	Modern Dance/Composition Master Classes, Washington University, St. Louis, MO
2013	Modern Dance Master Class, Swarthmore College, Swarthmore, PA
2012	Modern Dance Master Class, Vassar College, Poughkeepsie, NY
2012	Modern Dance Master Class, Jacob's Pillow Dance Festival, Becket, MA
2011-2014	Yoga substitute instructor, Prema Yoga, Brooklyn, NY
2009-2014	Ballet instructor, New England Academy of Dance, New Canaan, CT

## **PD-specific movement classes**

2017-2020	Dance and yoga instructor for Parkinson's-specific class: Movement Science Research Center, Washington University, St. Louis, MO
-----------	--

## **Dance Communication and Media Coverage**

2023	“Embodying Cognition”, The Record, Washington University, St. Louis, MO
2022	“A Chorus Line at STAGES St. Louis”, Broadway World
2018	“Jane Comfort to Present 40 <sup>th</sup> Anniversary Retrospective”, Broadway World
2017	“A Series of Slow Events: ‘Fossil’ for Six Dancers”, St. Louis Magazine
2015	“(I)sland at the Fringe”, St. Louis Public Radio and KMOV news
2014	“Celebrated dancer returns to campus”, The Source, Washington University
2013	“Backstage at BROADWAY BARES 23 Photo Coverage”, Broadway World
2012	“Beauty” with Jane Comfort and Company, Dance Presentation/Lecture, TedxEast, Lincoln Center, NY
2011	“She’s Plastic, Beautiful and Rules the World” by Claudia La Rocca, The New York Times
2011	“Barbie and Ken are all dolled up at Jacob’s Pillow festival” by Janine Parker, The Boston Globe
2011	“Jane Comfort troupe opens American Dance Institute with Fantastic Performance” by Rebecca Ritzel, The Washington Post
2011	“Cool New York 2011 Dance Festival”, Time Out NY
2011	“KerPlunk and Friends at City Center” OffOffOff Dance Review
2010	“Working Women: 15 women who went after their dream jobs”, featured in Cosmopolitan Magazine
2008	“How to Succeed at White Plains Photo Coverage”, Broadway World
2007	“My regional theatre summer” by Lauren Kay, Dance Magazine
2006	“Take Me Out” by Deborah Jowitt, The Village Voice
2004	“Letting Minds Flow Unfettered, As Bodies Move To Bold Rhythms” by Anna Kisseloff, The New York Times

## **Professional Development and Continuing Education**

2021	The Anatomy of Choice, Virtual 6-week course, Introduction to Laban Movement Analysis and Bartenieff Fundamentals with Alexandra Beller
2020	Doug Varone Winter Workshop
2020	Earthdance Moving Arts Lab Workshop
2014-2020	Bi-weekly Program in Physical Therapy Research Seminars, Washington University School of Medicine, Saint Louis, MO
2014-2020	Weekly Movement Disorders Journal Club Meetings, Washington University School of Medicine, Saint Louis, MO
2009	Yoga Teacher Training, Laughing Lotus Yoga School, New York, NY
1999-2000	Study Abroad, Université de Toulouse, Le Mirail, Toulouse, France
1996-2002	Dance training at Jacob’s Pillow, Broadway Theatre Project, Jump Rhythm Jazz Project, DanceAspen, Houston Ballet, Westport Ballet
1996-2002	Vocal training with Lisa Campbell, Adrienne Angel, Kimberly Vaughn, Diane Tauser, Jasper Grant, Linda Wright

## **SERVICE**

---

### **Manuscript Reviewer/Editorial Responsibilities**

2017-Present *Ad hoc* Journal Reviewer: PLOS ONE, Gait and Posture, Behavioral Brain Research, Neuropsychiatric Disease and Treatment, Complementary Therapies in Clinical Practice, Neuroscience & Behavioral Reviews, Disability and Rehabilitation, Scientific Reports, Lifestyle Medicine, Frontiers in Rehabilitation Science, HealthCare, ParkinsonNL, Aging and Health Research

### **Professional Societies and Organizations**

2017-Present International Association for Dance Medicine and Science  
2017-Present Society for Music Perception and Cognition  
2017-Present Society for Neuroscience  
2016-Present Association for Women in Science  
2016-2020 International Parkinson and Movement Disorder Society  
2009-Present Actors Equity Association

### **Community Service**

2022-Present Dance for Health Committee, International Association for Dance Medicine and Science  
2022-Present Disability and Embodied Difference reading group, Washington University, St. Louis, MO  
2021-Present Faculty Advisor, Our Chance to Dance, Washington University, St. Louis, MO  
2016-Present National Biomechanics Day volunteer, Washington University, St. Louis, MO  
2014 American Parkinson Disease Association Support Group, Co-presented “Update on Exercise and Locomotion in Parkinson Disease”, St. Louis, MO  
2009-2012 Administrative Assistant, Janis Brenner and Dancers, New York, NY  
2006-2010 Mentor to children in foster care, Jewish Child Care Association, Brooklyn, NY  
2005 Dance Instructor for first-generation college students, Upward Bound, Orlando, FL  
2004-2006 Yoga Instructor to underprivileged children, New York Cares, New York, NY  
2001 Habitat for Humanity Bicycle Challenge, rode 4,000 miles across the U.S. to raise money and help construct low-income housing

### **Departmental Service, Washington University Performing Arts Department**

2022-2023 Performing Arts Department Colloquium Committee  
2019-2023 Choreographer, Washington University Dance Theatre  
2019-2020 Performing Arts Department Colloquium Committee